

## Recession Proof Recruiting

### One-Hour Workshop

Our one-hour workshops are designed to instil a specific skill by the use of theory and then being reinforced by role-plays. Many clients purchase a package of workshops and run them weekly over a period of time.

**Introduction** - Boom or Bust - what's the difference? What exactly is a recession and how does it affect me and my desk? Signs that are evident BEFORE the economists tell us what's going on

### What to expect

#### Controlling your destiny

Changing the way you work; overcoming negativity.

#### Recession Action Plan

Developing an action plan; measuring my success